## **Dementia Progression Roadmap**

For people living with Dementia and their care partners





- Discuss the person's wishes for the future.
- Assist with writing legal documents.
- · Learn about dementia.
- Connect with others.
- Contact the Alzheimer Society.



May need extra help completing tasks.

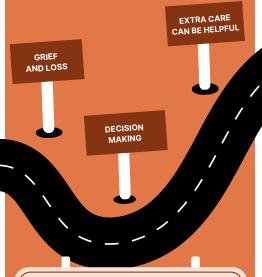
Changes in expressions of feelings and unmet needs.

## SELF CARE NEEDED KEEPING HOBBIES AND FRIENDSHIPS HARDER NEED FOR INFORMATION MAY HAVE MANY EMOTIONS

- Learn helpful strategies to use as changes occur.
- Take breaks and keep social connections
- Join an Alzheimer Society support group.

## **Late Stage**

Physical and cognitive symptoms are increasing.



- Explore options to ensure the person's needs are met.
- Know the financial, legal and practical supports needed.
- Continue attending an Alzheimer Society support group.

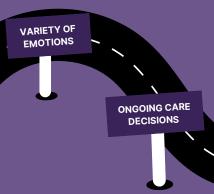




Sleeping more.



Eating and drinking less.



- Stay socially connected.
- Ask health professionals what to expect.
- Continue attending Alzheimer Society support group.



Possible Changes
Observed



Heads up for Care Partners

