






# Dementia Progression Roadmap - End of Life

For people living with Dementia and their care partners

-  Sleeping more.
-  Eating and drinking less.
-  Changes in skin colour.
-  Hands and feet are cold.
-  Breathing is irregular and sometimes congested.

VARIETY OF EMOTIONS  
RANGING FROM GRIEF AND  
SADNESS TO RELIEF AND  
PEACE.

CARE PARTNERS WILL BE  
ASKED TO MAKE DECISIONS  
ABOUT HEALTH TREATMENTS.

FINAL ARRANGEMENTS  
SHOULD BE IN PLACE.

- Maintain relationships and continue to attend support groups.
- Maintain connection through the senses by using compassionate touch, pet therapy, music, reading aloud, etc.
- Seek help and support as needed to assist with caregiving.



Possible Changes  
Observed



Heads up for  
Care Partners



Strategies