

# Questions for Reflection

1 How will you know when it is time for the person you are caring for to move into a care home?

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2 How do you feel about making this decision?

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3 What can you do now to help prepare both of you for this move?

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4 How do you feel about having others responsible for practical caring tasks that you have been doing for the person you are caring for?

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5 What do you expect your role to be when the person you are caring for moves into a care home?

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