





# Dementia Progression Roadmap - Early Stage

For people living with Dementia and their care partners

-  Harder to independently manage tasks such as finances, shopping and travelling.
-  Noticeable memory loss of personal information.
-  Less knowledge of current or recent events.
-  Difficulty counting.

CAREGIVING NEEDS  
BEGIN TO INCREASE.

FEELINGS OF LOSS AND  
UNCERTAINTY ABOUT  
THE FUTURE.

FAMILY AND FRIENDS  
OFFICIALLY ASSUME  
THE ROLE OF  
CARE PARTNERS.

NOT SURE WHAT  
TO EXPECT.

- Speak to the person living with dementia about their healthcare wishes and personal directive.
- Put plans in place such as an Enduring Power of Attorney.
- Learn more about dementia and its progression.
- Connect with others for support.
- Look for resources in the community.



Changes observed



Heads up for  
Care Partners



Strategies