# **Resources for Late-Stage Planning**

## Late-Stage Planning: Education and support

1 Late Stage Dementia	What to Expect in Late-stage dementia: <a href="https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/what-expect-persons-dementia-progresses#The_late_stage">https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/what-expect-persons-dementia-progresses#The_late_stage</a>
	Finding Help: <a href="https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/looking-after-yourself/finding-help">https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/looking-after-yourself/finding-help</a>
	Seeds of Hope – Late stage: <a href="https://www.asantcafe.ca/learn/program/3">https://www.asantcafe.ca/learn/program/3</a> **Needs new URL**
<sup>2</sup> Managing grief	Managing grief: <a href="https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/managing-ambiguous-loss-grief">https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/managing-ambiguous-loss-grief</a>
	My Tools for Care – In Care: **Needs new URLs** <a href="https://www.asantcafe.ca/learn/program/6">https://www.asantcafe.ca/learn/program/6</a>

## Late-Stage Planning: Relocation to a care home:

<sup>3</sup> Preparing for the move	Moving into long-term care: <a href="https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/long-term-care/moving-long-term-care">https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/long-term-care/moving-long-term-care</a>
<sup>4</sup> Adjustment to long- term care homes	Meaningful Visits: <a href="https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/making-meaningful-visits">https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-dementia/making-meaningful-visits</a>

## Late-Stage Planning: Care partner role

<sup>5</sup> Communication	Communication Strategies: https://alzheimer.ca/en/help-support/i-have-friend-or-family-member-who-lives-
	dementia/communicating-people-living- dementia#Tips for communicating with a person with dementia

# Late-Stage Planning: Working with health care staff

<sup>6</sup> Communicating with healthcare staff	End of Life Care: <a href="https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person">https://alzheimer.ca/en/help-support/im-caring-person-living-dementia/end-life-care/what-do-i-need-know-about-caring-person</a>
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