

# *Société Alzheimer Society*

PRINCE EDWARD ISLAND

The Alzheimer Society of PEI offers specialized programs and services to support you. These include:

## **First Link®**

First Link® is an innovative referral program designed to assist individuals living with Alzheimer's disease and other dementias, their caregivers and family. Partnering with physicians, health professionals and community First Link® connects individuals to education, information, and support at the time of diagnosis and throughout the progression of the disease.

## **Public Education**

Staff and volunteers endeavour to raise awareness across the province. We offer a series of information sessions each having a unique focus on Alzheimer's disease. Workshops are developed and delivered to health care, education facilities and community groups upon request.

## **Counselling**

Counselling is available free of charge to all Island individuals who are dealing with the effects of caring for someone living with Alzheimer's disease or other dementias. Counselling is also available through telephone support and family interventions. Our staff is available to listen, and to discuss your questions and concerns.

## **Support Groups**

We advocate for the value of mutual support through our caregiver support groups. Operated in various areas of the province and facilitated by family caregivers, these groups provide an opportunity to learn more about Alzheimer's disease and other dementias, discuss difficult issues, and share strategies for coping.

## **Resource Centre**

Our resources include a complete selection of brochures and fact sheets as well as books, audio-visual materials, journals, and newsletters. Additionally, a directory of helpful resources from across PEI has been compiled by the Alzheimer Society of PEI and is available upon request.

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